Suggestions from DWC Listserv for Trauma Informed Readings and Active Listening

1. Activity Attached: I'm attaching one of the activities we use in our *Crisis Intervention and Communication Skills*module that builds active listening skills. The activity is based on NOVA's Crisis Intervention Model, which has 3 basic steps: 1) providing safety and security to establish a connection, ventilation & validation (active listening), and prediction & preparation (problem solving). The goal of the activity is for students to immediately apply their current active listening skills, try out new skills, and receive peer-feedback to improve. The attachment includes detailed directions for both a facilitator and the students and suggested debriefing questions.

(Suggestion from Kathleen Kelly)

1. My team and I wrote the attached short toolkit book(let) – which my student really like. The PDF is free but a small book version can be purchased for about $7. It’s short. And the chapters can stand alone – ish. Also, it’s based on a CBPR framework which I am an advocate of…

Tool 8 may be what you are looking for…

<https://traumahealing.org/wp-content/uploads/2018/10/Secondary-Trauma-Manual-.pdf>

(Suggestion from Kelly Knight)

1. SAMSHA has a few PDFs on trauma informed care that are pretty accessible. One for behavioral health care workers is long but very detailed. Here is the link for a shorter one that addresses basic concepts/principles.

<https://store.samhsa.gov/system/files/sma14-4884.pdf>

(Suggestion from Shannon Lynch)

1. Here are a few resources that may be useful, particularly around victim service/advocacy.

We developed these standards for use by victim service programs and providers. They include program standards, competency standards, and ethical standards. The website also includes some videos and podcasts on standards use. <https://www.ovc.gov/model-standards/index.html>

We developed this curriculum to train victim service providers on ethics. It includes some video vignettes and activities. <https://www.ovcttac.gov/ethics/>

We developed this training for use with correctional officers, but it has some activities and videos that could be adapted for other purposes. They are free to download, and the Trauma & the Brain video just won a Telly award. <http://cmhtraining.sc.edu/>

 (Suggestion from Dana DeHart)